

CURRICULUM VITAE

PERSONAL INFORMATION

Marina Maffoni



📍 Pavia (PV), 27100, Italy

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H-Scopus: 12 (14th October 2023)

🌐 [Linkedin Marina Maffoni](#)

🌐 [Personal Website: www.marinamaffoni.com](http://www.marinamaffoni.com)

Sex Female | [Date of birth 15/03/1991](#) | [Nationality Italian](#)

PRESENT POSITION

03/2020 - present

Clinical psychologist and researcher at the Psychology Unit of Montescano Institute - ICS Istituti Clinici Scientifici Maugeri - Italy

Main areas of interest: healthcare professionals' distress and well-being, medication and behavioural adherence, clinical psychology, health psychology, neuropsychological assessment, work and organizational psychology

01/2021-12/2024

Cognitive Behavioural Psychoterapist in training (3rd year)

Studi Cognitivi - Scuola di Specializzazione in Psicoterapia Cognitivo Comportamentale, Milan (Italy)

Training at the Psychology Unit of Montescano Institute - ICS Istituti Clinici Scientifici Maugeri - Italy

14/02/2023 -14/02/2033

National Scientific Qualification for the position of Associate Professor in Clinical Psychology

(Abilitazione Scientifica Nazionale alle funzioni di professore universitario di seconda fascia nel Settore Concorsuale 11/E4 - PSICOLOGIA CLINICA E DINAMICA)

PREVIOUS RESEARCH AND WORK EXPERIENCES IN W/O and CLINICAL PSYCHOLOGY

Academic year 2020-2021

Research Tutor for the Italian specialized course after Bachelor's Degree in Critical Care Nursing
Department of Medicine and Surgery - University of Parma, IT

10/2017 - 10/2020

Member of the Italian Steering Committee, ERASMUS+ Project Skills for Adherence – S4A

Partners involved: University of Lodz, Poland (P. Kardas), University of Porto, Portugal (E. Costa), ICS Maugeri, Italy (A. Giardini), (Website: <http://skills4adherence.eu/>)

Aim of the project: Increasing the capacity of medical professionals to manage patient adherence and polytherapy in elderly.

05/2017 - 03/2018

Training for the Italian degree “Expert in Psychology of Aging” (specialized course after Master's Degree) at:

-Dept. of Brain and Behavioral Sciences, University of Pavia (Field: Research on healthy aging)

-Maugeri Foundation - Istituti Clinici Scientifici Maugeri, Montescano, PV, IT (Field: Clinical research)

-Cooperativa Sociale Arcobaleno SpA, Cava Manara, PV, IT (Field: Education to caregivers and healthcare providers)

10/2015 - 04/2016

Post-degree trainee

Clinical Psychology, IRCCS Foundation Policlinico S. Matteo, Pavia, IT

Participation under supervision in psychological support to patients and/or caregivers. Participation under supervision in the clinical and research activities about female BRCA1/2 mutation carriers and prophylactic surgery.

04/2015 - 10/2015

Post-degree trainee

Clinical Psychology-Neuropsychology, Mondino National Neurological Institute-IRCCS, Pavia, IT

Participation under supervision in psychological support sections and in the assessment of cognitive and psychological malaise associated with different neurological disorders and intellectual disability associated to rare genetic and/or metabolic pathologies. Collaboration in the research activities.

OTHER TEACHING EXPERIENCES

2017 - present

I carried on many **invited lectures** within university courses **regarding issues connected to health and organizational psychology, as well as clinical psychology.**

Academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024

Contract Professor, practical course CPG “Psychology of organizational well-being” for students attending their Bachelors’ Degree in Psychology, University of Pavia, IT

Academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024

Contract Professor, course “Psychological Assessment in Health Care” for students attending their Master’s Degree in Psychology, University of Pavia – IT (Teaching is shared with Prof. Anna Giardini) (In Italian Language)

Academic years 2021/2022

Contract Professor, course “Group dynamics, conflict and negotiation in organizations” (M-PSI/05, CFU 6). for students attending their Master’s Degree in Organizational Psychology, University of LUMSA – Rome, IT. (In English language)

From academic year 2018/2019 and 2019/2020

Lecturer, course “Work-related stress evaluation” for students attending the Master’s Degree in Psychology, University of Pavia – IT

Academic year 2023/2024

Contract Professor practical course CPG “Evaluation of Work-related Stress”, for students attending their Master’s Degree in Psychology, University of Pavia, IT

24th September 2019, 2nd March 2021

Guest Lecturer for the educational activities “Training day for healthcare professionals” (Prof. Imbriani), Istituti Clinici Scientifici Maugeri, Pavia, IT

9th-13th September 2019

Lecturer and co-trainer at the Summer School Erasmus+ SKILLS4ADHERENCE (Increasing the capacity of medical professionals to manage patient adherence and polytherapy in elderly)

Lecture: Psycho-social implications on Adherence: Qualitative studies; Caregiver’s role in improving adherence. ICS Maugeri, Pavia - IT

10th-14th September 2018

Lecturer and co-trainer at the Summer School Erasmus+ SKILLS4ADHERENCE (Increasing the capacity of medical professionals to manage patient adherence and polytherapy in elderly)

Lecture: Qualitative research on medication adherence in the Elderly: what's going on?

FFUP | ICBAS complex, Porto – PT

01/2018-06/2018

Co-design and co-leading of psychoeducational and practical sessions for:

-caregivers of patients suffering from different kinds of dementia

-allied healthcare professionals (OSS – Operatore Socio Sanitario) on issues related to work-related stress, conflict management, management of frail patients.

Cooperativa Sociale Arcobaleno S.p.A., Cava Manara – PV, IT (Dr. G. Maiella)

2017 - 2020

Tutor for students attending the course “Work Psychology” (Bachelor Degree) and “Organizational Psychology” (Master Degree), University of Pavia – IT.

2017-present

Co-supervisor for dissertations at the University of Pavia

2015 - 2020

University tutor (academic year 2015/2016, 2017/2018, 2018/2019, 2019/2020)

Department of Brain and Behavioral Sciences, University of Pavia, IT

Activities: presentation of the degree in psychology to undergraduate and high-school students; teaching support meetings (compilation of study plans, applications, simulations and exercises...)

OTHER EXPERIENCES

10/2016 - 10/2017

Volunteer for the Servizio Civile Nazionale (volunteering promoted by the Italian government), project “Casimiro & Friends” - C. Mondino National Neurological Institute, Pavia, IT

Recreational activities and social support for patients and caregivers to contribute to the patient's functional and relational improvement and to reduce the risk of alienation.

01/2016 - 10/2017

Member of the Scientific Committee for the Italian editorial work “Capire la Psicologia” [trad. “Understanding Psychology”]

Studio Dispari, 7, Milano, IT on behalf of Hachette Fascicoli, Milano, IT

Collaboration in the drafting of texts and conceptual maps for a work of dissemination about theory and life of famous psychologists (60 volumes, one per week)

EDUCATION

10/2017 – 03/2021

PhD in Psychology, Neuroscience and Data Science (field: Work and Organizational Psychology)

at the Dept. of Brain and Behavioral Sciences - University of Pavia, IT

Research project: “Wellness and distress in health care professionals dealing with end-of-life and bioethical issues in their everyday working life - WeDistressHELL”.

Day of PhD Defense: 12th March 2021 – University of Pavia - IT

03/2017 - 04/2018

Expert in Psychology of Aging (Italian advanced course achievable after Master’s Degree)

Department of Brain and Behavioral Sciences, University of Pavia, IT and Korian – Residenza Saccardo, Milano - IT

Specific knowledge and skills related to age, behavioral and psychological assessment and diagnosis. Practical skills aimed at the definition and implementation of psychological support programs for the elderly and their caregivers. Cognitive stimulation and trainings for healthy and pathological aging.

06/2016

Italian licence to psychological profession and enrolment in the Lombardy Psychologist's Register (no. 18881)

10/2013 - 03/2015

Master’s Degree in Psychology (110/110 with honors)

Department of Brain and Behavioral Sciences, University of Pavia, IT

Thesis: Living the disease and the rehabilitation: Qualitative Research with Parkinson's Patients (Prof. D. Liccione and Prof. A Giardini)

09/2010 - 07/2013

Bachelor’s Degree in Psychology (110/110 with honors)

Department of Brain and Behavioral Sciences, University of Pavia, IT

Thesis: Reasoning about other people's beliefs: bilinguals have an advantages. Critical analysis of a study at the University of Princeton

09/2005 - 07/2010

High school certificate: 100/100 with honors

Secondary School specialized in language studies: English, German and French

High-School "A.Volta", Castel San Giovanni (PC), IT

PERSONAL SKILLS

Communication skills

Good communicative, relational and supportive skills, as well as effective problem-solving skills and team-working with professionalism, precision and flexibility, developed through university education and various experiences of volunteering in the social sphere.

Mother tongue: **Italian**

Other languages: **English**

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
C1	C1	C1	B2	C1

Cambridge ESOL Level 1 Certificate in ESOL International Level: Council of Europe Level B2, Certificate issued: 08.11.2013

[Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
Common European Framework of Reference for Languages](#)

Job-related skills and expertise

- Quantitative and Qualitative research skills in psychological fields (areas of interest: patient's adherence, moral distress, distress, well-being, psychological issues, health and organizational psychology)
- Scientific dissemination (scientific papers drafting and oral communications)
- Psychological support to patients, caregivers, and healthcare professionals
- Psychoeducational programs for patient's, caregivers, and healthcare professionals
- Neuropsychological and clinical assessment of adult patients,
- Ability to lead small and middle groups of patients and to carry out recreational activities
- Teaching skills

Digital competences

Microsoft Office, main search engines, RQDA package for qualitative research, SPSS software.

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Independent user	Independent user	Independent user	Independent user

Levels: Basic user - Independent user - Proficient user [Digital competences - Self-assessment grid](#)

ECDL - European Computer Driving Licence, 2012 - PV

OTHER SKILLS AND INFORMATION

- **Invited reviewer** for the peer-reviewed indexed journals concerning Health, Clinical and W/O Psychology
Publons <https://publons.com/wos-op/researcher/3011754/marina-maffoni/>
Reviewer credits <https://www.reviewercredits.com/user/marina.maffoni/>
Reviewer Hub Elsevier
- I took part to the scientific contest Famelab – Pavia - IT in 2019 and 2020:
 [Famelab is a competition to find, develop and mentor young science communicators]
 - *Medication adherence April 2020*
<https://www.youtube.com/watch?v=ymwB3mskAng>
https://www.youtube.com/watch?v=BLz4Bh_XZMc
 - *Burnout – Doomed to burn? February 2019*
<https://www.youtube.com/watch?v=kew37Y-NZSM>
- Artistic skills gained through hobby activities: Painting and narrative writing (poetry and novel)
- Author of an Italian narrative book “Nel vuoto che ho in me”, Berti Editore, 2008

HONOUR AND AWARDS

Scholarship for the 4° ed. EULAC PerMed Summer School “Clinical studies in Personalized Medicine”, 15th-16th November 2022, Panama City, Panama

Winner of the Psych 2021 PhD Thesis Award for the best doctoral dissertation. Sponsored by the international, peer-reviewed, open access journal on psychiatric sciences and psychology Psych (Editor in Chief: Prof. Dr. Thomas E. Schläpfer), MDPI publishing group.

21st April 2022 - <https://www.mdpi.com/journal/psych>

Invited chair for the session “Healthcare professionals and wellbeing at the time of COVID-19 pandemic” (23rd September 2021). XVIII National Congress of the Italian Association of Psychology – AIP, Work and Organizational Psychology, Verona - IT, 23rd – 25th September 2021.

"Young Researcher Best W/O Psychology Paper - 2020". First place. The Italian Psychology Association - Section of Work and Organizational Psychology, Online ceremony 20th November 2020. Award-winning article: Maffoni, M., Argentero, P., Giorgi, I., Hynes, J., & Giardini, A. (2019). Healthcare professionals' moral distress in adult palliative care: a systematic review. *BMJ supportive & palliative care*, 9(3), 245-254.

"Young Researchers in Palliative Care" Award, First place (It. Premio “Giovani Ricercatori nelle Cure Palliative”) for the abstract *"Limits and new horizons in end-of-life decisions: the advanced directives of living: instruments for working practice"* (It. Limiti e nuovi orizzonti nelle decisioni sul fine vita: il biotestamento, strumento per la pratica lavorativa), presented at the XXV National Congress of the Italian Palliative Care Society (SICP), Limits and Horizons in Care , Riccione IT, 15th-17th November 2018.

Best graduate, Dept. of Brain and Behavioral Sciences, academic year 2014-2015 – UBI (Banca Popolare Commercio e Industria), 26th Graduate's Day, University of Pavia IT, 2 July 2016

University Award ROTARACT 2013, Bachelor's Degree for the thesis *Reasoning about other people's beliefs: bilinguals have an advantage. Critical analysis of a study at the University of Princeton* (Supervisor: Prof. P. Argentero)", University of Pavia IT, 26th October 2013

Summer Scholarship offered by the Italian Ministry of Foreign Affairs in the state of Malta for the improvement of the English language (Advanced Level -C1-, Certificate of Achievement Malta University Language School), 30th July 2012 – 17th August 2012.

SCIENTIFIC ACTIVITY

h-Index Scopus: 12, 42 indexed papers (14th October 2023)

ORCID ID: 0000-0002-3360-7293

Publications

Vigorè M, Steccanella A, **Maffoni M**, Torlaschi V, Gorini A, La Rovere MT, Maestri R, Bussotti M, Masnaghetti S, Fanfulla F, & Pierobon A. (2023). Patients' Clinical and Psychological Status in Different COVID-19 Waves in Italy: A Quanti-Qualitative Study. *Healthcare* (Basel, Switzerland), 11(18), 2477. <https://doi.org/10.3390/healthcare11182477>.

Calabrese L, **Maffoni M**, Torlaschi V, Pierobon A. What Is Hidden behind Amputation? Quantitative Systematic Review on Psychological Adjustment and Quality of Life in Lower Limb Amputees for Non-Traumatic Reasons. *Healthcare* 2023, 11, 1661. <https://doi.org/10.3390/healthcare11111661>.

Mucherino S, **Maffoni M**, Cena C, Armando LG, Guastavigna M, Orlando V, Orofino G, Traina S, Giardini A, Menditto E, The Collaborative Working Group. (2023) Italian Translation and Validation of the Original ABC Taxonomy for Medication Adherence. *Healthcare* 2023; 11(6):846. <https://doi.org/10.3390/healthcare11060846>

Boragno P, Fiabane E, Taino I, **Maffoni M**, Sommovigo V, Setti I, Gabanelli P. (2023) Perceptions of COVID-19 Vaccines: Protective Shields or Threatening Risks? A Descriptive Exploratory Study among the Italian Population. *Vaccines* 2023, 11, 642. <https://doi.org/10.3390/vaccines11030642>

Pierobon A, Vigorè M, Taurino E, Grassi G, Torlaschi V, **Maffoni M**, Maestroni R, Maestri R, Fanfulla F. Subjective HRQoL in Patients with Sleep Apnea Syndrome Who Underwent PAP Therapy in a Rehabilitation Setting: A Longitudinal Study. *Journal of Clinical Medicine*. 2023; 12(5):1907. <https://doi.org/10.3390/jcm12051907>

Bernuzzi C, Sommovigo V, **Maffoni M**, Setti I, Argentero P. (2023) A Mixed-method Study on the Bright Side of Organizational Change: Role Clarity and Supervisor Support as Resources for Employees' Resilience. *Journal of Change Management*, 1-34. doi:10.1080/14697017.2023.2172057

Maffoni M, Pierobon A, Fundarò C. (2022) MASCoD – Multidimensional Assessment of Subjective Cognitive Decline. *Frontiers in Psychology*, 13:921062. doi: 10.3389/fpsyg.2022.921062.

Pierobon A, **Maffoni M**, Manstretta D, Zanatta F, Torlaschi V. (2022) *Riabilitazione neuromotoria*. In *Psicologia e salute – Teorie e ambiti di intervento* (a cura di Gremigni P & Gorini A), Roma: Carocci Editore – Studi Superiori, pp 186-203. [Book Chapter]

Pierobon A, Torlaschi V, **Maffoni M**, Vigorè M (2022) *Riabilitazione cardiovascolare e respiratoria*. In *Psicologia e salute – Teorie e ambiti di intervento* (a cura di Gremigni P & Gorini A), Roma: Carocci Editore – Studi Superiori, pp 171-185. [Book Chapter]

Perrone C, Fiabane E, **Maffoni M**, Pierobon A, Setti I, Sommovigo V, Gabanelli P (2023) Vaccination Hesitancy: to be vaccinated, or not to be vaccinated, that is the question in the era of COVID-19. *Public Health Nursing*, 40(1): 90-96 <https://doi.org/10.1111/phn.13134>

Maffoni M, Fiabane E, Setti I, Martelli S, Pistarini C, Sommovigo V. (2022) Moral Distress among Frontline Physicians and Nurses in the Early Phase of COVID-19 Pandemic in Italy. *International Journal of Environmental Research and Public Health*, 19, 9682. <https://doi.org/10.3390/ijerph19159682>

Ferraris M, **Maffoni M**, De Marzo V, Pierobon A, Sommaruga M, Barbara C, Porcile A, Russo C, Ghio L, Clavario P, & Porto I (2022). Post-traumatic stress disorder, depression and anxiety symptoms in COVID-19 outpatients with different levels of respiratory and ventilatory support in the acute phase undergoing three months follow up. *Minerva medica*, 10.23736/S0026-4806.22.07847-8. [Advance online publication]. <https://doi.org/10.23736/S0026-4806.22.07847-8>

Rego F, Sommovigo V, Setti I, Giardini A, Alves E, Morgado J, **Maffoni M**. (2022) How Supportive Ethical Relationships Are Negatively Related to Palliative Care Professionals' Negative Affectivity and Moral Distress: A Portuguese Sample. *International Journal of Environmental Research and Public Health*, 19, 3863. <https://doi.org/10.3390/ijerph19073863>

Maffoni M, Abelli P, La Ganga Senzio G, Pierobon A. (2022), The Montescano Effect: being resilient through changes and challenges, *Europe's Journal of Psychology*, 18(1): 1–5.

<https://doi.org/10.5964/ejop.8119>

Maffoni M, Sommovigo V, Giardini A, Argentero P, Setti I. (2021) The Italian version of the Hospital Ethical Climate Survey: first psychometric evaluations in a sample of healthcare professionals employed in neurorehabilitation medicine and palliative care specialties, *TPM - Testing, Psychometrics, Methodology in Applied Psychology*, Vol. 28, pp. 441-466. <https://doi.org/10.4473/TPM28.4.4>

Kurczewska-Michalak M, Lewek P, Jankowska-Polańska B, Giardini A, Granata N, **Maffoni M**, Costa E, Midão L, Kardas P (2021). Polypharmacy Management in the Older Adults: A Scoping Review of Available Interventions. *Frontiers in pharmacology*, 12, 734045. <https://doi.org/10.3389/fphar.2021.734045>

Maffoni M, Torlaschi V, Gabanelli P, Abelli P, Pierobon A. (2021) The CO-MASK Approach: Practical Tips for Fostering Mask Use among Older Adults During the COVID-19. *Europe's Journal of Psychology*, Vol. 17(4): 257–263. <https://doi.org/10.5964/ejop.6815>

Maffoni M, Torlaschi V, Pierobon A, Zanatta F, Grasso R, Bagliani S, Govoni L, Biglieri M, Cerri L, Geraci L, Salvaneschi G, Piaggi G. Video calls at the time of COVID-19: a bridge for patients, families and healthcare professionals. A qualitative study, *Families Systems and health*, 39(4):650-658. <https://doi.org/10.1037/fsh0000661>

Torlaschi V, **Maffoni M**, Maltauro G, Pierobon A, Vigore M, Maestri R, Chimento P, Buonocore M, Fundarò C. The patient-caregiver dyad: the impact of cognitive and functional impairment. *Neurological Sciences*, 43(4), 2481–2490, <https://doi.org/10.1007/s10072-021-05712-2>

Maffoni M; Zanatta F; Setti I; Giorgi I; Velutti L; Giardini A. (2021) SMiLE to Life: Meaning in life in healthcare professionals working in palliative care and rehabilitation medicine; *Medicina del Lavoro*, 112, 5: 387-400. <https://doi.org/10.23749/mdl.v112i5.11408>

Maffoni M, Olson K, Hynes J, Argentero P, Setti I, Giorgi I, Giardini A. (2021) A journey through roses and thorns: becoming a physician learning from patients with life-threatening illnesses, *Monaldi Archives for Chest Disease*, 26;91(3). <https://doi.org/10.4081/monaldi.2021.1800>

Maffoni M*, Sommovigo V*, Giardini A, Velutti L, Setti I. (2021) The role of resilience in promoting wellbeing and professional outcomes among healthcare professionals dealing with the challenges of bioethical issues, *Evaluation & the Health Professions*, doi:10.1177/01632787211042660 (**Shared first authorship*) [first published online]

Maffoni M. The Cry Into the Darkness of a Burned Out Physician. (2021) *Families systems & health: the journal of collaborative family healthcare*, 39(2), 394. (*Poetry*) <https://doi.org/10.1037/fsh0000616>

Maffoni M, Traversoni S, Granata N, Weinman J, Lewek P, Kurczewska-Michalak M, Kardas P, Almada M, Midão L, Costa E, Giardini A. (2021) Lesson learned from an international training program on patients' medication adherence for healthcare professionals. *Giornale Italiano di Medicina del Lavoro ed Ergonomia*, 43(2), 137–143.

Bernuzzi C, Sommovigo V, **Maffoni M**, Setti I. (2021) From moral distress to burnout through work-family conflict: the moderating role of resilience and positive refocusing, *Ethics & Behavior*, 2021, 1-23. <https://doi.org/10.1080/10508422.2021.1955682>

Maffoni M, Setti I, Argentero P. Valutazione dei rischi psicosociali. (2021) In Argentero P, Cortese C G (eds.) *Psicologia delle Risorse Umane*, 2° ed. Milano: Raffaello Cortina Editore, pp. 313-354.

Vigore M, Taurino E, Maestroni R, Torlaschi V, **Maffoni M**, Maestri R, Pierobon A, Fanfulla F. (2021) Neuropsychological and executive screening in obstructive sleep apnea: early effect of ventilatory therapy. *Minerva Medica*;112(3):346-353. <https://doi.org/10.23736/S0026-4806.20.07254-7>

Maffoni M, Torlaschi V, Pierobon A. (2020). It's all a matter of time. *Annali di Igiene: medicina preventiva e di comunità*, 32(6):689-690. [COVID-19 and time perception]. <https://doi.org/10.7416/ai.2020.2389>

Maffoni M, Sommovigo V, Giardini A, Paolucci S, & Setti I. (2020). Dealing with ethical issues in rehabilitation medicine: The relationship between managerial support and emotional exhaustion is mediated by moral distress and enhanced by positive affectivity and resilience. *Journal of Nursing Management*, 28(5), 1114-1125. <https://doi.org/10.1111/jonm.13059>

Gibiino G, Rugo, M, **Maffoni M**, Giardini A. (2020). Back to the future: five forgotten lessons for the healthcare managers of today. *International Journal for Quality in Health Care*, 4;32(4):275-277. <https://doi.org/10.1093/intqhc/mzaa021>

Maffoni M, Traversoni, Costa E, Midão L, Kardas P, Kurczewska-Michalak M, Giardini A. (2020) Medication adherence in the older adults with chronic multimorbidity: a new integrated model stemming from a systematic review of qualitative studies on patient's experience. *European Geriatric Medicine*, 11(3):369-381. <https://doi.org/10.1007/s41999-020-00313-2>

Maffoni M, Argentero P, Giorgi I, Giardini A. (2020) Underneath the white coat: risk and protective factors for palliative care providers in their daily work. *Journal of Hospice and Palliative Nursing*, 22(2), 108-114. <https://doi.org/10.1097/NJH.0000000000000623>

Zanatta F, **Maffoni M**, Giardini A. (2020). Resilience in palliative health care professionals: a systematic review. *Supportive Care in Cancer*, 28(3):971-978. <https://doi.org/10.1007/s00520-019-05194-1>

Verri A, **Maffoni M**, Clerici F, Brega I, D'angelo C, Parigi GB. (2020). Food-Related Problems in Klinefelter Syndrome? A probable case of Pica. *Minerva Pediatrica*, 72(2):141-142. <https://doi.org/10.23736/S0026-4946.19.05488-4>

Maffoni M, Argentero P, Giorgi I, & Giardini A. (2019). Healthcare professionals' perceptions about the Italian law on advance directives. *Nursing Ethics*. 27(3), 796–808. <https://doi.org/10.1177/0969733019878831>

Maffoni M, Pierobon A, Frazzitta G, Callegari S, Giardini A. (2019) Living with Parkinson – past, present and future: a qualitative study on patients' perspective. *British Journal of Nursing*, 28(12):764-771. <https://doi.org/10.12968/bjon.2019.28.12.764>

Maffoni M, Giardini A, Midão L. (2019) Parkinson Disease. In Gu D, Dupre ME. *Encyclopedia of Gerontology and Population Aging*. Springer, Cham – Switzerland. (https://doi.org/10.1007/978-3-319-69892-2_914-1).

Maffoni M. (2019). Encounter. *Families systems & health: the journal of collaborative family healthcare*, 37(2), 184-185. <https://doi.org/10.1037/fsh0000408>

Hynes J*, **Maffoni M***, Argentero P, Giorgi I, Giardini A. (2019). Palliative medicine physicians: doomed to burn? *BMJ Supportive and Palliative Care*, 9:45-46. (**Shared first authorship*). <https://doi.org/10.1136/bmjspcare-2018-001731>

Maffoni M, Argentero P, Giorgi I, Hynes J, Giardini A. (2019). Healthcare professionals' moral distress in adult palliative care: a systematic review. *BMJ Supportive & Palliative Care*, 9(3), 245-254. <https://doi.org/10.1136/bmjspcare-2018-001674>

Giardini A, **Maffoni M**, Kardas P, Costa E. (2018). A cornerstone of healthy ageing: do we need to rethink the concept of adherence in the elderly? *Patient Preference and Adherence*, 12:1003-1005. <https://doi.org/10.2147/PPA.S164686>

Barbieri M*, **Maffoni M***, Negro S*, Maddalena D, Bosone D, Tronconi L. (2017). Volunteering in hospitals to improve the quality of long stays in rehabilitation units. *Functional Neurology*, 32(4):171-172. <https://doi.org/10.11138/fneur/2017.32.4.171> (**Shared first authorship*).

Maffoni M, Giardini A. (2017). *Qualitative Studies on Medication Adherence: What Do They Add to Knowledge Gained by Quantitative Methods?* In Elísio Costa, Anna Giardini and Alessandro Monaco, Adherence to Medical Plans for Active and Healthy Ageing. New York: Nova Science Editors, 2017, pp. 75-102.

Verri A, Terzaghi M, **Maffoni M**, Caselli R, Catusi I, Recalcati MP, Rognone. (2017). E. Drug resistant epilepsy in a young male with Cat Eye Syndrome: A case report. *Clinical Cases and Reviews in Epilepsy*, 2(1); 15-19.

Maffoni M, Giardini A, Pierobon A, Ferrazzoli D, Frazzitta G. (2017). Stigma experienced by Parkinson's disease patients: a descriptive review of qualitative studies. *Parkinson's Disease*. <https://doi.org/10.1155/2017/7203259>

Dionigi F, **Maffoni M**, Ferrari A, Garcia-Etienne C, Ricciardi A, Razzaboni E, Sgarella A, Trotti E. (2017). What about prophylactic surgery in BRCA1/BRCA2 mutation carriers? Observations from an Italian pilot study. *The Breast Journal*, 23(6):766-767. <https://doi.org/10.1111/tbj.12825>

Giardini A, Pierobon A, Callegari S, Bertotti G, **Maffoni M**, Ferrazzoli D, Frazzitta G. (2017). Towards proactive active living: patients with Parkinson's disease experience of a multidisciplinary intensive rehabilitation treatment. *European Journal of Physical and Rehabilitation Medicine*; 53:114-24. <https://doi.org/10.23736/S1973-9087.16.04213-1>

Maffoni M, Dionigi F. (2017). Listening to the patient. *Hektoen International – A Journal of Medical Humanities, Psychology & Psychiatry section*, 27, 2017.

Conferences, proceedings and posters

2023

Pierobon A, Calabrese L, Torlaschi V, **Maffoni M**, Dragoni R, Fundarò C, Martinelli M, Aloï MT, Panigazzi M, Ferretti C (Simposium) Progetto di intervento riabilitativo multidisciplinare "Real life" su pazienti amputati o in attesa di intervento protesico: analisi del processo di adattamento psicologico. XIV Congresso Nazionale Associazione SIPSA, Traiettorie locali e globali per costruire salute, University of Cagliari, 25-27 May 2023.

Mancini D, **Maffoni M**, Torlaschi V, Gorini A, Fundarò C, Fanfulla F, Bussotti M, Masnaghetti S, La Rovere MT, Pierobon A (Simposium) Post-Acute Sequelae of COVID-19-Checklist (PASC-C): indagine dei sintomi fisici, psicologici e cognitivi e raccomandazioni cliniche sul long-COVID. XIV Congresso Nazionale Associazione SIPSA, Traiettorie locali e globali per costruire salute, University of Cagliari, 25-27 May 2023.

Mancini D, **Maffoni M**, Calabrese L, Torlaschi V, Pierobon A, Fundarò C (Poster) MASCoD – Multidimensional Assessment of Subjective Cognitive Decline: strumento di screening per il disturbo soggettivo cognitivo. Presentazione di un caso clinico. XIV Congresso Nazionale Associazione SIPSA, Traiettorie locali e globali per costruire salute, University of Cagliari, 25-27 May 2023.

2022

Maffoni M, Pierobon A, Mancini D, Fundarò C. A new screening tool for subjective cognitive decline: MASCoD Multidimensional Assessment of Subjective Cognitive Decline. [Poster]. II ANNUAL MEETING RIN – Rete IRCCS delle Neuroscienze della Neuroriabilitazione, 15-16 December 2022, Bologna.

Mancini D, **Maffoni M**, Gorini A, Fundarò C, Fanfulla F, La Rovere MT, Pierobon A. Post-Acute Sequelae of Covid-19 – Checklist (PASC-C): a tool to investigate physical, psychological, and cognitive symptoms and provide clinical recommendations on long-COVID [Oral communication]. II ANNUAL MEETING RIN – Rete IRCCS delle Neuroscienze della Neuroriabilitazione, 15-16 December 2022, Bologna.

Fundarò C, **Maffoni M**, Mancini D, Manstretta D, Pierobon A. MASCoD - Multidimensional Assessment of Subjective Cognitive Decline: new screening for subjective cognitive decline. [Poster]. 52° Congresso SIN - Società Italiana di Neurologia, 3-6 December 2022, Milan.

Maffoni M, Mancini D, Lovagnini M, Torlaschi V, Fanfulla F, La Rovere MT, Pierobon A. Emotions matters: subjective experiences of COVID-19 patients during the pandemic waves. [Oral communication] XXX Congresso Nazionale Associazione Italiana di Psicologia. 27-30 September 2022. Padua.

Maffoni M, Pierobon A, Mancini D, Fundarò C. Helping the healthcare professionals to see the invisible: MASCoD - Multidimensional Assessment of Subjective Cognitive Decline. [Oral communication] XXX Congresso Nazionale Associazione Italiana di Psicologia. 27-30 September 2022. Padua.

Maffoni M, Mancini D, Steccanella A, Fundarò C, Fanfulla F, La Rovere M, Bussotti M, Vigorè M, Ranucci L, Pierobon A. Post-Acute Sequelae of COVID-19 - Checklist (PASC-C): a new screening tool for long-COVID physical, psychological, and cognitive symptoms. Poster. 36th Annual Conference of the European Health Psychology Society. 23-27 August 2022. Online.

Maffoni M, Pierobon A, Mancini D, Manstretta D, Fundarò C. MASCoD - Multidimensional Assessment of Subjective Cognitive Decline: new screening for subjective cognitive decline. Poster. 36th Annual Conference of the European Health Psychology Society. 23-27 August 2022. Online.

2021

Maffoni M. Multivoice Storytelling - Come è cambiata l'attività clinica di infermieri, fisioterapisti, dietisti, psicologi per il post-acuto in Cardiologia Riabilitativa. La prospettiva dello Psicologo verso gli operatori sanitari. Oral communication. ITACARE-P, Italian Alliance for Cardiovascular Rehabilitation and Prevention, Milan, 26-27 November 2021.

Maffoni M, Pierobon A, Granata N, Vigorè M, Giardini A. What is in the shadows matters! Antecedents and Self-Efficacy on Adherence. Virtual poster presentation. Adaptability and Sustainability of Innovative Care Models to Improve Medication Adherence - 25th ESPACOMP Conference – 8-19 November, 2021. Online

Maffoni M, Torlaschi V, Pierobon A, Zanatta F, Bagliani S, Govoni L, Biglieri M, Cerri L, Geraci L, Piaggi G. La videochiamata come ponte tra paziente e caregiver in una Covid Unit: la prospettiva dei professionisti

sanitari. Oral Communication. XVIII Congresso Nazionale AIP Sezione “Psicologia per le Organizzazioni”, Verona - IT, 23 - 25 September 2021. *Published in the conference proceedings*, p. 68. [Session Chair]

Bernuzzi C, Sommovigo V, **Maffoni M**, Setti I, Argentero P. Come rendere i lavoratori resilienti ai cambiamenti organizzativi? Uno studio a metodo misto. Poster. XVIII Congresso Nazionale AIP Sezione “Psicologia per le Organizzazioni”, Verona - IT, 23 - 25 September 2021. *Published in the conference proceedings*, p. 101.

Ranucci L, **Maffoni M**, Torlaschi V, Vigorè M, Bruschi C, Crotti P, Lovagnini M, Bussotti M, La Rovere MT, Pierobon A. Short-term psychological outcomes in post Covid-19 patients. E-presentation. 35th Annual Conference of the European Health Psychology Society. 23-27 August 2021. Online, *Published in the conference proceedings*, p. 483.

Vigorè M, Torlaschi V, **Maffoni M**, Taurino E, Maestroni R, Fanfulla F, Pierobon A. Subjective impact of ventilatory self-management in Obstructive Sleep Apnea patients: a prospective study. Poster. 35th Annual Conference of the European Health Psychology Society. 23-27 August 2021. Online, *Published in the conference proceedings*, p. 513.

Maffoni M*, Sommovigo V*, Giardini A, Velutti L, Setti I. Dalla resilienza al benessere ed efficacia del professionista sanitario attraverso la visione etica della cura del paziente e il supporto manageriale: una sinergia positiva per la tutela dell’operatore. Oral Communication. Giornate Nazionali di Psicologia Positiva XIII Ed. “Potenziale in crescita: modelli e pratiche in psicologia positiva”, 11-12 June 2021 – University of Pavia, online (*shared first-authorship).

2020

Kardas P, Lewek P, Kurczewska-Michalak M, Midão L, Costa E, Giardini A, Traversoni S, **Maffoni M**. Skills4Adherence Online Educational Course on Patient Adherence and Polypharmacy Management designed due to iterative fine-tuning. Poster. 24th annual meeting ESPACOMP - International Society for Medication Adherence, 10 –20 November 2020. Published in *Int J Clin Pharm* (2021) 43:286–308. <https://doi.org/10.1007/s11096-020-01213-y>.

Giardini A, Kardas P, Lewek P, Midão L, Costa E, Traversoni S, Granata N, **Maffoni M**. Healthcare professionals’ perspective changes promoted by a one-week educational course on medication adherence. Poster. 24th annual meeting ESPACOMP - International Society for Medication Adherence, 10 –20 November 2020. Published in *Int J Clin Pharm* (2021) 43:286–308. <https://doi.org/10.1007/s11096-020-01213-y>.

Mucherino S, Cena C, Giardini A, Guastavigna M, **Maffoni M**, Orofino G, Traina S, Menditto E. Italian translation and validation of the original ABC Taxonomy on adherence to treatment: systematic review.

Poster. 24th annual meeting ESPACOMP - International Society for Medication Adherence, 10 – 20 November 2020. Published in *Int J Clin Pharm* (2021) 43:286–308. <https://doi.org/10.1007/s11096-020-01213-y>.

Torlaschi V, **Maffoni M**, Vigorè M, Maltauro G, Pierobon A, Maestri R, Fundarò C. Valutazione dell'impatto del decadimento cognitivo sulla diade paziente – caregiver. Poster. IX Congresso Nazionale della Società Italiana di Neuropsicologia – SINP, Virtual Edition, 20-21 November 2020.

Velutti L, **Maffoni M**, Setti I, Sommovigo V, Giorgi I, Giardini A. Il contributo della resilienza e dell'approccio etico alla cura del paziente sul benessere e l'efficacia professionale dell'operatore sanitario. E-presentation. XXVII CONGRESSO NAZIONALE SICP LE FUTURE CURE PALLIATIVE 4.0, Online, 12-14 November 2020.

2019

Midão, L, **Maffoni M**, Giardini A, Kardas P, Almada M, Costa E. Who can benefit from Digital Solutions for polypharmacy management? Poster. 23rd ESPACOMP Annual Meeting. Digital Health and Patient Empowerment, Porto, Portugal, 21-23 November 2019.

Almada M, Portela D, **Maffoni M**, Giardini A, Kardas P, Midão, L, Costa E. Limitations of basic and instrumental activities of daily living among polymedicated older adults in Europe: a cross sectional study. Poster. 23rd ESPACOMP Annual Meeting. Digital Health and Patient Empowerment, Porto, Portugal, 21-23 November 2019.

Ferreira-da-Silva R, Midão L, **Maffoni M**, Giardini A, Kardas P, Almada M, Costa E. Hospitalizations Among Polymedicated European Older Adults. Poster. 23rd ESPACOMP Annual Meeting. Digital Health and Patient Empowerment, Porto, Portugal, 21-23 November 2019.

Traversoni S, **Maffoni M**, Costa E, Kardas P, Midão L, Kurczewska-Michalak M, Giardini A. Implementation of theoretical models in quantitative studies on medication adherence: findings from a systematic review. Poster. 23rd ESPACOMP Annual Meeting. Digital Health and Patient Empowerment, Porto, Portugal, 21-23 November 2019.

Giardini A, Traversoni S, Granata A, **Maffoni M**. Interventions on medication adherence in the older chronic population: a systematic review and meta-analysis of randomized controlled trials. Poster. 23rd ESPACOMP Annual Meeting. Digital Health and Patient Empowerment, Porto, Portugal, 21-23 November 2019.

Maffoni M, Traversoni S. Professionisti sanitari e aderenza dei pazienti alle terapie farmacologiche: che cosa ci dicono le parole. Poster. Congresso Intermedio SITCC (Società Italiana di Terapia Comportamentale e Cognitiva), Pavia, IT 13-14 December 2019. *Published in the conference proceedings, p. 28.*

Granata N, **Maffoni M**, Traversoni S. Il ruolo dello psicologo e dello psicoterapeuta negli interventi a supporto all'aderenza alle terapie farmacologiche: osservazioni tratte da una revisione sistematica. Poster. Congresso Intermedio SITCC (Società Italiana di Terapia Comportamentale e Cognitiva), Pavia, IT, 13-14 December 2019. *Published in the conference proceedings, p. 26.*

Traversoni S, **Maffoni M**, Granata N. L'utilizzo dei modelli teorici nell'approccio clinico all'aderenza alle prescrizioni farmacologiche: osservazioni tratte da una revisione sistematica. Poster. Congresso Intermedio SITCC (Società Italiana di Terapia Comportamentale e Cognitiva), Pavia, IT, 13-14 December 2019. *Published in the conference proceedings, p. 40.*

Maffoni M, Giardini A, Giorgi I, Setti I, Zanatta F, Argentero P. Benessere e distress nei diversi profili professionali che lavorano con pazienti in cure palliative o medicina riabilitativa. Oral communication. XVII Congresso Nazionale AIP, Sezione di Psicologia per le Organizzazioni, Lecce, IT, 26 - 28 September 2019. *Published in the conference proceedings, p. 26.*

Maffoni M, Bernuzzi C, Argentero P. Resilienza, moral distress e benessere psico-fisico: uno studio pilota su lavoratori del settore pubblico e privato. Poster. XVII Congresso Nazionale AIP, Sezione di Psicologia per le Organizzazioni, Lecce, IT, 26-28 September 2019. *Published in the conference proceedings, p. 100.*

Bernuzzi C, Sommovigo V, **Maffoni M**, Paganin G, Cattaneo L, Argentero P. La resilienza come fattore di protezione del benessere in azienda. Poster. XVII Congresso Nazionale AIP, Sezione di Psicologia per le Organizzazioni, Lecce, IT, 26 - 28 September 2019. *Published in the conference proceedings, p. 86.*

Verri A, **Maffoni M**, Clerici F, Brega A, D'Angelo C, Parigi G.B. Food-Related Problems in Klinefelter Syndrome? A Probable Case of Pica. Poster. 22nd International SSBP Research Symposium (Back to Basics in Behavioural Phenotypes: Insights from Developing a Detailed Understanding of Behaviour). 4 – 6 September 2019, Birmingham, UK. *Published in the conference proceedings, p. 94*

Maffoni M, Giardini A, Giorgi I, Argentero P. Risk and protective factors in palliative care providers dealing with bioethical distressing conditions. Oral communication. 19th Eawop Congress – European Association of work and Organizational Psychology, 29 May – 1 June 2019 Turin, IT. *Published in the conference proceedings, p. 1238.*

2018

Giardini A, **Maffoni M**, Costa E, Kardas P. A systematic review of qualitative research on medication adherence in the elderly: Integrating the ABC taxonomy and the Information-Motivation-Behavioural Skills (IMB) model. Oral communication. 22nd ESPACOMP Conference. European Society for Patient Adherence, Compliance and Persistence, Dublino, IE, 29 November – 1 December 2018. *Published in the conference proceedings, p. 29.*

Kardas P, Lewek P, Kurczewska-Michalak M, Jankowska-Polańska B, Midão L, Giardini A, Granata N, **Maffoni M**, Costa E. Systematic review of interventions to manage polypharmacy in the elderly: building the evidence for Skills4Adherence Project. Oral communication. 22nd ESPACOMP Conference. European Society for Patient Adherence, Compliance and Persistence, Dublino, IE, 29 November – 1 December 2018. *Published in the conference proceedings, p. 70, ESPACOMP18-0074.*

Midão L, Giardini A, Granata N, **Maffoni M**, Lewek P, Kurczewska-Michalak M, Kardas P, Costa E. Effectiveness of interventions to improve medications adherence in cardiovascular diseases: A systematic review of sytematic reviews. Oral communication. 22nd ESPACOMP Conference. European Society for Patient Adherence, Compliance and Persistence, Dublino, IE, 29 November – 1 December 2018. *Published in the conference proceedings, p. 75, ESPACOMP18-0032.*

Maffoni M, Giorgi I, Argentero P, Setti I, Giardini A. End-of-life and bioethical issues through healthcare professionals' experience: seeking a balance between emotional and legal challenges. Oral communication. 13th World Conference on Bioethics, Medical Ethics & Health Law, Jerusalem, IL, 27-29 November 2018. *Published in the conference proceedings, p. 52.*

Giardini A, Giorgi I, Argentero P, Setti I, **Maffoni M**, Kardas P, Kurczewska-Michalak M, Čartolovni A, Hynes J. Positive and Negative Aspects in Every Day Working Life in Health Care Professionals Dealing with Bioethical Issues. Oral communication. 13th World Conference on Bioethics, Medical Ethics & Health Law, Jerusalem, IL, 27-29 November 2018. *Published in the conference proceedings, p. 32.*

Maffoni M, Giorgi I, Argentero P, Giardini A. Limiti e nuovi orizzonti nelle decisioni sul fine vita: Il biotestamento, strumento per la pratica lavorativa. Oral communication. XXV Congresso Nazionale SICP, Riccione, IT, 15-17 November 2018. *Published in the conference proceedings, p. 56, abstract book 16 November 2018.*

Maffoni M, Argentero P. *Cooperazione e conflitto occupazionale: l'impatto delle caratteristiche personali e del lavoro*. Oral communication. Giornata mondiale di bioetica 2018: Solidarietà e cooperazione nel luogo di lavoro. UNESCO Chair in Bioethics Italian Unit, IRCCS Maugeri Pavia, IT, 19 October 2018.

Maffoni M, Giardini A, Giorgi I, Setti I, Argentero P. L'esperienza dei professionisti sanitari che lavorano con il fine vita: fattori di stress e problematiche bioetiche. Poster. XVI Congresso Nazionale AIP, Sezione di Psicologia per le Organizzazioni, Rome, IT, 27 - 29 September 2018. *Published in the conference proceedings, pp. 118-119.*

Maiolo ME, **Maffoni M**, Setti I, Sommovigo V, Argentero P. Fiducia intra-organizzativa e percezione del rischio in lavoratori esposti al rischio elettrico. Poster. XVI Congresso Nazionale AIP, Sezione di Psicologia per le Organizzazioni, Rome, IT, 27 - 29 September 2018. *Published in the conference proceedings, pp. 119-120.*

Maffoni M, Paganin G, Argentero P. What's going on? A study on discrimination, burn-out and resilience in

a sample of Northern Italy female workers. Oral communication. Second International Cross-Cultural Conference – Healthier societies fostering healthy organizations: A cross-cultural perspective. University of Florence, 30-31 August, 1 September 2018.

Verri A, Terzaghi M, **Maffoni M**, Caselli R, Catusi I, Recalcati MP, Rognone E, Cremante A, Clerici F. Neurological and cognitive phenotype in 22q11 microduplication. Poster. 3e Journées thématiques IGBMC – Société des Neurosciences. Advances in neurodevelopmental and neurodegenerative disorders. Strasburg, FR, 7-8- June 2018. *Published in the conference proceedings, p. 38.*

2017

Maffoni M, Giardini A. Adherence to medical prescriptions through patient's eyes: a review of qualitative studies. Poster. 21st ESPACOMP Conference. European Society for Patient Adherence, Compliance and Persistence, Budapest, HU, 30 November – 2 December 2017.

Dionigi F, **Maffoni M**, D'Addiego A, Garcia Etienne C, Sgarella A, Ferrari A, Razzaboni E, Trotti E. I fattori che condizionano la scelta della chirurgia profilattica nelle portatrici sane di mutazioni BRCA. Oral communication. XX Congresso Nazionale SIGU (Società Italiana Genetica Umana), Naples, IT, 15-18 November 2017.

2016

Dionigi F, **Maffoni M**, Razzaboni E, Trotti E, Della Valle A, Martinelli V, Marino G, Sgarella A, Garcia-Etienne CA, Politi P, Ferrari A. Prophylactic surgery experiences of BRCA1/2 women volunteering into raising awareness associations. Poster. 14th International Conference on Communication in Healthcare – EACH, University Convention Center Heidelberg, DE, 7-10 September 2016. *Published in the conference proceedings, p. 249.*

Dionigi F, Milani R, Riboni G, Manna S, Conti C, Praticò V, Marino G, **Maffoni M**, Martinelli V, Grasso D, Ferrari A, Sgarella A, Politi P. Psychological distress and diagnostic breast cancer communications in an Italian study. Poster. 14th International Conference on Communication in Healthcare – EACH, University Convention Center Heidelberg, DE, 7-10 September 2016. *Published in the conference proceedings, p. 253.*

Verri A, Terzaghi M, **Maffoni M**, Caselli R, Ballarati L, Recalcati P. Drug resistant epilepsy in a young male with Cat Eye Syndrome. Poster. RE(ACT) Congress 2016- International Congress on Research of Rare and Orphan Diseases, Barcelona, ES, 9-12 March 2016. *Published in Molecular Syndromology, 6: 304-335 DOI: 10.1159/000444288.*

2015

Callegari S, Giardini A, Torlaschi V, **Maffoni M**, Frazzitta G, Pierobon A. Analisi qualitativa di narrazioni di pazienti parkinsoniani in riabilitazione: dal "freezing" alla proattività. Oral communication. XVII Congresso AIAMC: "TCC e psicoterapia scientifica. Nuove prospettive" Turin - IT, 24, 25, 26 September 2015.

Pierobon A, Giardini A, **Maffoni M**, Torlaschi V, Frazzitta G, Callegari S. Vissuti soggettivi di positività e negatività connessi al percorso riabilitativo intensivo in pazienti parkinsoniani. Oral communication. Giornate di Psicologia Positiva - VIII Edizione, SIPP "Nutrire positività. Ricerche e interventi per la promozione del benessere", University of Bergamo, IT, 12-13 June 2015. *Published in the conference proceedings, p. 35.*

Pavia, IT, 14th October 2023

Marina Maffoni

